



Henry Ford Macomb Hospital welcomes you to the Surgery & Endoscopy Center. Our commitment to you is to provide the highest quality of care, and to make you as comfortable as possible.

BEFORE YOUR PROCEDURE

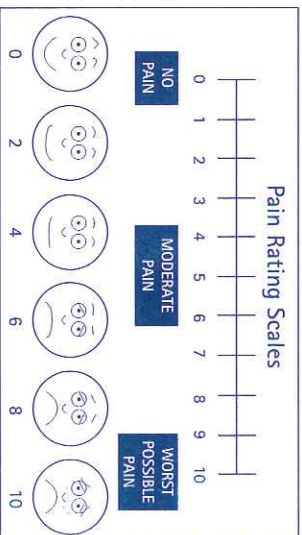
- The evening before your procedure, do not eat or drink after midnight unless otherwise instructed by your physician (this includes water, chewing gum or mints). This is important for your safety. Your procedure may be cancelled if you have anything to eat or drink. You may brush your teeth, but do not swallow any water.
- Do not smoke or drink alcohol 24 hours before your procedure.
- Leave all valuables, including watches, money and credit cards at home. If you wear glasses, contacts or hearing aids, please bring a case.
- Please shower or bathe the evening before or the morning of your procedure.
- Remove all nail polish and jewelry, including any body piercing, prior to coming.
- Wear loose, comfortable clothes.
- Notify your physician if you suspect that you could be pregnant.
- Notify your physician if you have a cold, fever of 101°F or above or become ill before your procedure.
- If you have Advanced Directives or a Legal Guardian Document, bring a copy.
- Bring a list of all current medications and your insurance card(s).
- One family member or friend must come with you and remain in the Center until you are discharged home.
- Follow your physician's instructions regarding any special test preparations.

MEDICATION INSTRUCTIONS

- Diabetic patients: DO NOT take your insulin or diabetes medication the morning of your procedure, but be sure to BRING insulin with you.
- If you take heart, blood pressure, breathing or seizure medications, take them the morning of your procedure with a sip of water. You may take pain medications up until two hours prior to your procedure.
- If you have asthma, use your inhalers, and/or breathing treatment the morning of your procedure and BRING inhalers with you.
- If you are taking a blood thinner (i.e. Coumadin), make sure your physician is aware. Follow your physician's instructions regarding dose.
- If you are taking aspirin, Motrin or an anti-inflammatory medication, make sure your physician is aware.

PAIN MANAGEMENT

Your pain will be assessed prior to and after your procedure. The following scale will be used.

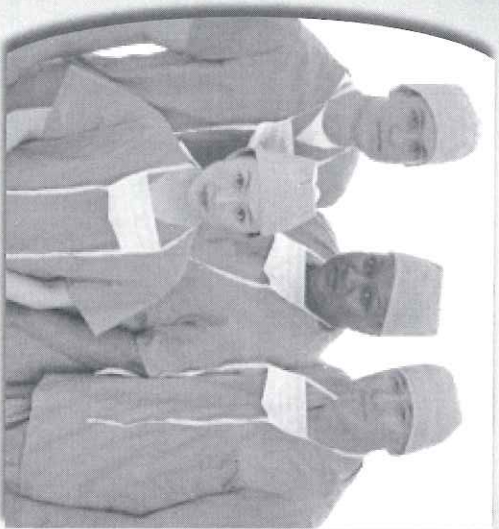


CONFIRMATION

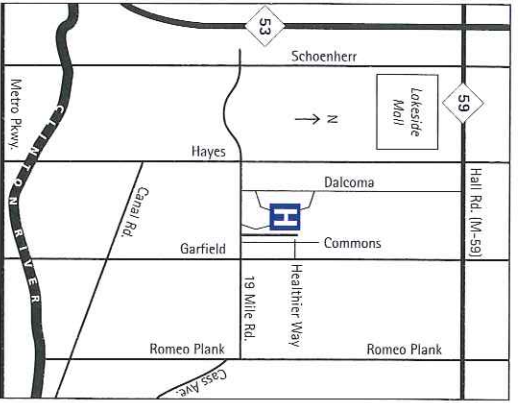
Procedure times are subject to change. To confirm your arrival time, please call (586) 263-2120 the day before your procedure between 2:30 and 5 p.m., Monday–Friday. Please arrive at the time the hospital gives you.

Thank you for choosing Henry Ford Macomb Hospital for your healthcare needs. In addition to providing you with the superior clinical care you expect and deserve, our staff strives to make your experience as smooth as possible and we all wish you a complete and speedy recovery.

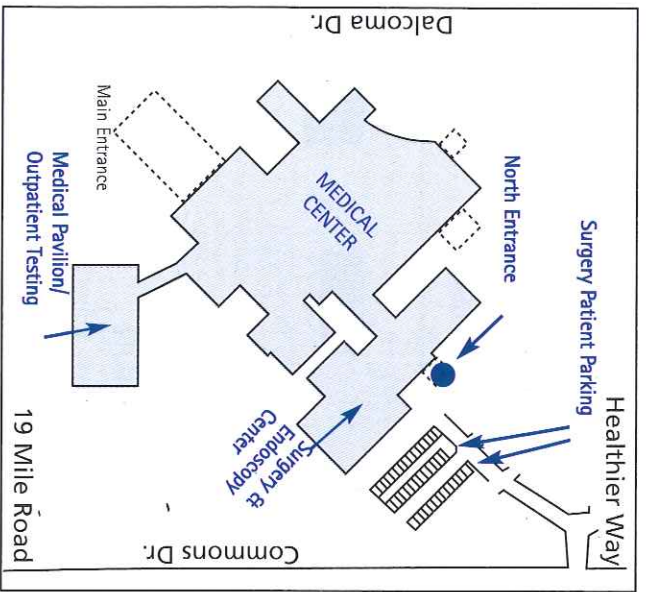
**HENRY FORD
MACOMB HOSPITAL**



**Endoscopy
Patient
Guide**



● Henry Ford Macomb Hospital
15855 19 Mile Road • Clinton Township



● Surgery & Endoscopy Center
(586) 263-2120
To reach the North Entrance,
use Commons Drive off of 19 Mile Road