

DIGESTIVE
HEALTH
CENTER OF
MICHIGAN

DHDMI

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HalfLyte[®] and Bisacodyl Tablets Bowel Prep Kit

Date of Colonoscopy _____ Appox. Arrival Time _____

THE DAY BEFORE YOUR COLONOSCOPY

Drink only CLEAR liquids for breakfast, lunch and dinner. You may drink liquids all day, but NO SOLIDS OR DAIRY PRODUCTS.

Examples: Water, Coffee, Tea (No Milk or Powdered Creamer), Bouillon, Clear Broth
Clear Fruit Juices (No Pulp) White Grape Juice, Apple Juice, White Cranberry
Clear soda drinks - Ginger Ale, 7-Up, Sprite and also Coke or Pepsi
Sports drinks such as Gatorade, Jell-O, Kool-Aid, or Popsicles (NO PURPLE OR RED COLORS)

*****NO BLOOD THINNERS OR ASPIRIN 7 DAYS BEFORE COLONOSCOPY*****

THE DAY OF YOUR COLONOSCOPY

Do not eat or drink anything the day of your Colonoscopy. You may take your Morning Medications, but only with a sip of water. (Heart, Blood Pressure, Stomach, Thyroid and Seizure Medications)

You must have someone drive you and stay at the hospital during your procedure. You cannot drive for 12 hours after this procedure. If you do not have someone to drive you home after this procedure, the Colonoscopy will not be done. Please leave all jewelry and valuables at home.

On the day of your Colonoscopy, you will be given a consent form to read and sign. This gives the physician permission to perform this examination. This form must be signed before this procedure can be done. If you have any questions, please feel free to call us at (586) 598-5731.

Report to:

**Henry Ford Macomb Hospital (North Entrance)
Ambulatory Surgery Center**

PATIENT INSTRUCTIONS – for the HALFLYTELY BOWEL PREP KIT:

1. Obtain HALFLYTELY BOWEL PREP KIT from the pharmacy. You will need a prescription.
2. Begin clear liquids for breakfast, lunch, and dinner for one day before the exam. (water, clear broth, Jell-O [no red}, 7UP, clear juices, tea, coffee).
3. In the morning, on the day before the exam, add lukewarm water to the top of the line on the HALFLYTELY bottle. Shake to dissolve the powder. Place the bottle in the refrigerator. (The colder the solution the better the taste).

PATIENTS NOT WORKING THE DAY OF THE BOWEL PREP:

- STEP 1: **Starting at 12:00 (noon)** take all 2 Bisacodyl tablets with a glass of water. Do NOT chew or crush tablets – swallow whole. YOUR FIRST BOWEL MOVEMENT SHOULD NOT TAKE PLACE FOR AT LEAST 1 HOUR.
- STEP 2: **Starting at 6:00 p.m.** begin to drink the HalfLyteLy solution.
- STEP 3: Drink 1 (8 oz.) glass every 10 minutes (about 8 glasses) until all of the contents have been consumed. Rapid drinking is preferred. It will take approximately 1 hour and 15 minutes to drink the solution.

PATIENTS WORKING THE DAY OF THE BOWEL PREP:

- STEP 1: **Starting at 4:00 p.m.** take all 2 Bisacodyl tablets with a glass of water. Do NOT chew or crush tablets – swallow whole. YOUR FIRST BOWEL MOVEMENT SHOULD NOT TAKE PLACE FOR AT LEAST 1 HOUR.
- STEP 2: **Starting at 8:00 p.m.** begin to drink the HalfLyteLy solution.
- STEP 3: Drink 1 (8 oz.) glass every 10 minutes (about 8 glasses) until all of the contents have been consumed. Rapid drinking is preferred. It will take approximately 1 hour and 15 minutes to drink the solution.