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DATE: _____ ARRIVAL TIME: _____

PREPARATION FOR A FLEXIBLE SIGMOIDOSCOPY

The day before your procedure, you may have your regular breakfast, lunch and dinner.

The day before your procedure in the evening, take 2 Dulcolax laxative tablets with a glass of water.

The morning of your procedure, take your regular medications.

Two hours before your appointment take one fleets enema. One half-hour later, take another fleets enema. This is to ensure good cleansing of the lower bowel.

***You are responsible for any co-pay or deductibles that applies to this procedure. Please check with your insurance to see if this procedure is a covered benefit. If you have any questions, please feel free to call us at 586-598-5731.

Report to: Henry Ford Macomb Hospital (North Entrance) Ambulatory Surgery Center, Unless you are scheduled at The Utica Surgery Center.