

Esophageal Manometry/Motility Study Pre-Instructions

Date of Procedure: _____

Procedure Time: _____

Place: Henry Ford Macomb Hospital Clinton Township, Michigan
Ambulatory Surgery Center-Endoscopy Department 586-263-2776

This procedure involves passing a narrow soft tube through your nose and into the esophagus. This tube measures pressures so your physician can evaluate how strongly the esophagus muscle contracts when you swallow and how competent the sphincter (valve) is at the end of the esophagus. In most cases it is an easily tolerated procedure. You may feel a little pressure in your nostril and slight gagging during the initial passing of the tube. This sensation subsides once the tube is positioned. You will also feel, through out the procedure, a lump in the back of your throat. This is normal. The study takes approximately 30-45 minutes to perform. After the procedure you will be able to drive and go to work.

INSTRUCTIONS:

Nothing by mouth 6 hours prior to the procedure (No Food or Liquids)

You are to arrive **30 minutes** before your scheduled procedure time.

INSTRUCTIONS 7 DAYS PRIOR TO PROCEDURE:

Discontinue Proton Pump Inhibitors Medication

- Prevacid (lansoprazole)
- Prilosec (Omeprazole)/ Nexium (esomeprazole)
- Aciphex (rabeprazole)

INSTRUCTIONS 3 DAYS PRIOR TO PROCEDURE:

Discontinue H2 Blocker Medication

- Tagamet
- Zantac
- Pepcid
- Axid

INSTRUCTIONS 12 HOURS PRIOR TO PROCEDURE:

Discontinue Antacid Medication

- Tums/Roloids
- Mylanta/Maalox
- Carafate or Prokinetic Agents (reglan)

* If you are on Proton Pump Inhibitors (Prilosec, Prevacid) we suggest that you take over the counter H2 Blockers (Zantac, Tagamet) until **3 days** before your procedure, then switch to Antacid until **12 hours** before your procedure.

* **It is your responsibility to check with your insurance company for any pre-authorization for any procedure.**