

## EGD PREP INSTRUCTIONS

Date of EGD \_\_\_\_\_ Arrival time To be determined  
You will receive a call from the hospital the afternoon before your procedure.

For patients on Aspirin, Anti-Platelet drugs or blood thinners:

### The Day Of Your EGD

- **Do not** eat or drink anything the day of your EGD
- You must have a driver
- You may take certain medications the morning of your procedure with a sip of water
  - **Heart, blood pressure, stomach, thyroid and seizure medications are allowed.**
- Leave jewelry and valuables at home
- Report to Henry Ford Hospital – North Entrance

**Diabetics-**

**Do not take insulin or pills the morning of procedure. Bring them to the hospital with you**

**CPAP –**

**Bring to the hospital to have available. You may leave in the car.**

**Inhalers –**

**Bring with you to hospital.**

**\*\*\*You are responsible for copays and deductibles related to your procedure. Please contact your insurance company for information related to your coverage and benefits\*\*\***